

The **Learning Curve** Institute

bespoke training in mental health, addiction
and best practice in the workplace



Dual Diagnosis

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What exactly is Dual Diagnosis anyway?

Definition: Dual Diagnosis

The co-existence of both mental health and substance misuse problems including both drugs and alcohol
(Royal College of Psychiatrists 2002)

Each disorder is chronic & relapsing, has independent courses and is capable of influencing the other disorder

Dual-Diagnosis

Common Terms Used:

Dual-diagnosis, co-morbidity, co-occurrence, mentally ill chemical abusers (MICA) or Chemical abuse and mental illness (CAMI)

Dual-Diagnosis in Ireland

“76% of services failing to offer a specific service for people with Dual diagnosis” (NACD)

Mental illness and addiction frequently occur together but have traditionally been treated separately, often in isolation and with an unsuccessful history (MacGabhann et al 2004)

It is the Norm

Prof Doug Sellman (NZ National Addiction Centre): 2010 stated - It is “somewhat unusual to encounter a person presenting to outpatient addiction services with addiction problems alone. It is

“the rule rather than the exception”

that they would have a co-morbid mental disorder.”

The Current system is artificial

Artificial construct created by
health care design

3 Models

‖ Serial Model:

A model that deals with either the substance misuse or the mental health problem individually, depending on which service the individual presents to first.

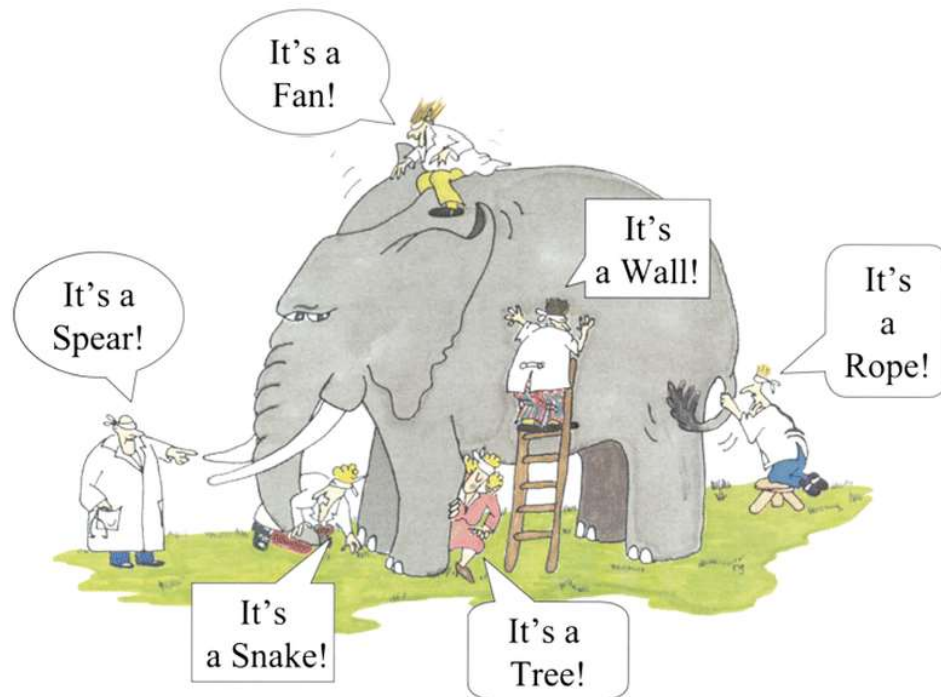
‖ Parallel Model:

A model whereby the separate services provide care and support concurrently, liaising to provide the two elements of treatment.

‖ Integrated Model:

This model promotes a shared-care approach between mental health worker, substance misuse worker and the individual themselves. All involved work together through combined clinics.

Health care professionals are taught to approach addiction and mental health separately resulting in....



Thank You

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A large, abstract graphic on the right side of the slide consists of several overlapping, semi-transparent green triangles and polygons in various shades of green, ranging from light lime to dark forest green. The shapes are layered to create a sense of depth and movement. A thin, light gray line extends from the bottom left towards the center of the graphic.